

11 September 2013



## *2014 Prohibited List*

### *Summary of Major Modifications and Explanatory Notes*

#### **SUBSTANCES AND METHODS PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)**

##### **PROHIBITED SUBSTANCES**

###### Use of International Non-proprietary Names (INN)

With the assistance of the World Health Organisation, the nomenclature of some substances on the List has been updated to **International Non-proprietary Names (INN)**. For ease of the reviewer the previous name has been included and no substance has been deleted.

###### S1. Anabolic Agents

- Changes were made to the definitions of "exogenous" and "endogenous" for purposes of clarification and accuracy.

###### S2. Peptide Hormones, Growth Factors and Related Substances

- Releasing factors are prohibited and that is made clear in points S2.2, S2.3 and S2.4. In addition other prohibited growth factors are listed separately.

#### S5. Diuretics and other Masking Agents

- Vasopressin V2 antagonists (vaptans) were added as an example of a diuretic subclass.

#### M1. Manipulation of Blood and Blood Components

- For the purpose of scientific accuracy, the term allogenic was introduced.

### **SUBSTANCES AND METHODS PROHIBITED IN-COMPETITION**

#### S6. Stimulants:

- Some drugs that metabolize to amphetamine or methamphetamine have been reclassified because improved analytical techniques permit the identification of the administered drug and corresponding metabolites; MDMA and MDA are reclassified because they are now recognized as less likely to be used as doping agents; cathinone and its analogues (e.g. mephedrone, methedrone,  $\alpha$ - pyrrolidinovalerophenone) and trimetazidine have been added as examples to reflect emerging patterns of drug use.

### **SUBSTANCES PROHIBITED IN PARTICULAR SPORTS**

#### P1. Alcohol

- Changes were made to the wording describing the blood alcohol threshold, in the interest of accuracy.
- "Aeronautic" has been replaced by "Air Sports" and "FITA" has been replaced by its new acronym "WA" (World Archery).

#### P2. Beta-blockers

- "FITA" has been replaced by its new acronym "WA" (World Archery)

### **MONITORING PROGRAM**

- In order to detect potential patterns of abuse, mitragynine has been added to the Narcotics class of the Monitoring Program.